



thursday, january 31, 2013

the collegian

INDEPENDENT VOICE FOR KANSAS STATE UNIVERSITY



VOL. 118 NO. 83

kstatecollegian.com



Tomorrow:
High: 36 °F
Low: 25 °F



Saturday:
High: 46 °F
Low: 26 °F

04

Caffeine...the killer?
Some U.S. adults
consume lethal levels
of caffeine. Do you?

06

Learning limbo
Find out how ADHD
students have learned
to succeed in college

07

The Fourum
Wacky weather,
Coach Weber, campus
buildings and more

BACK ON TRACK



Cats end 2-game
losing streak with
83-57 win over Texas

John Zetmeir
staff writer

The No. 18 K-State men's basketball team (16-4, 5-2 Big 12 Conference) was determined to end its two-game losing streak Wednesday night when they played host to a struggling Texas (9-11, 1-6 Big 12). Despite early foul trouble that sidelined senior guard Rodney McGruder, K-State jumped off to an early lead. K-State never gave the Longhorns a chance, winning 83-57 on Wednesday night at Bramlage Coliseum.

"I don't think that you could ever predict that with (McGruder) out two minutes into the game. Will (Spradling) breaks his nose in the first half and we're up 19 at half," said head coach Bruce Weber. "Great effort by Omari (Lawrence), great energy by him and Thomas (Gipson) and just overall good team effort, but there is no doubt that Angel (Rodriguez) had a lot more life."

It was sophomore forward Thomas Gipson who stepped up big time for the Wildcats with McGruder, the team's leading scorer, on the bench in foul trouble. Gipson finished with 17 points and 7 rebounds. This was also Gipson's first time coming off of the bench

Emily DeShazer | Collegian

LEFT TO RIGHT: Sophomore forwards Nino Williams and Thomas Gipson, senior forward Jordan Henriquez, and senior guards Rodney McGruder and Martavious Irving celebrate on the bench after a basket on Wednesday at Bramlage Coliseum. The Wildcats defeated the Longhorns 83-57.

BBALL | pg. 4

Wildcat big men improve front court game to defeat Longhorns



Adam Suderman

Heading into Wednesday's game, K-State head coach Bruce Weber made his disappointment in the Wildcat big men more than evident.

After back-to-back games of struggling to establish a presence in the paint, K-State answered with arguably its best performance of the

season from the front court. Weber decided to bench sophomore forward Thomas Gipson in favor of senior center Jordan Henriquez, hoping to provide a spark to the Wildcat post unit.

"We started J.O. (Henriquez)," Weber said. "I just felt we needed a change and maybe get Thomas' attention and give J.O. some confidence."

The decision paid off. Gipson ended up teaming with Henriquez to contribute 24 points along with 11 rebounds.

Gipson's 17 points marked a season-high for the sophomore big man, and Weber

said his approach in the paint met with success.

"I thought he posted deeper," Weber said. "He had good ball movement and we used ball screens and spread them out, and then he was able to react to that. He even missed one or two early that he probably should have made, but the biggest thing I liked is he was very, very

TEXAS | pg. 4

Emily DeShazer | Collegian

Junior forward Shane Southwell goes in for a steal on Wednesday night against Texas at Bramlage Coliseum.



Students walk to class through snow, 1 day after temperatures break 70s



Mike Stanton
assistant news editor

Just days after warm weather had students across campus leaving their heavy winter gear at home, a snowstorm hit Manhattan. Tuesday night, over two inches of snow fell to the ground before classes started Wednesday morning.

Laura Blaine, freshman in business, who hails from the slightly warmer state of Texas, said she wasn't thrilled to see the snow.

"I don't like the snow," Blaine said. "I hated it. It wasn't that bad though. All the sidewalks were clear."

Blaine said she wasn't surprised that classes weren't cancelled, despite the icy sidewalks that caused many students to slip and fall throughout the day.

"It was really slippery, and they were still trying to get all the slush and little patches of ice out of the way," Blaine said. "I saw a lot of people fall down. I almost fell, but I caught myself."

Despite the inconvenient conditions, Blaine agreed with the university's decision to hold classes. The university's K-State Alert system sent a text message out at 6:09 a.m. notifying faculty, staff and students that campus was open and advising them to use good judgement to stay safe.

The weather came as a surprise after temperatures reached over 74 degrees on Monday and 68 on Tuesday, uncharacteristically warm for late January. Tuesday's temperature matched the highest in Manhattan's history for the month, according to the Weather Channel.

According to K-State's Inclement Weather Policy, the Vice President for Administration and Finance, Bruce Shubert, assesses the current weather conditions, the progress of snow removal, potential hazards to anyone traveling to,

SNOW | pg. 8

Hannah Hunsinger | Collegian

LEFT: Trevor Steiner, sophomore in biology pre-med, crafts a snowman in front of Goodnow Hall on the corner of Claflin Road and Denison Avenue in the first hours of Wednesday morning. RIGHT: Haley Kottler (left), freshman in management assists Trevor Steiner to build his snowman. Spencer McFall, sophomore in geography, also helped in the construction of the snowman.



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for tips and advice.

the collegian

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DELIVERS

ACROSS

1 Throat clearer

5 Pinball boo-boo

9 Moment

12 Transcending (Pref.)

13 Distant

14 Weep

15 Key with a left-pointing arrow

17 Khan title

18 Them

19 Chef's garb

21 Smallest st.

22 Decorator's theme

24 Bankrolls

27 Party bowlful

28 Donated

31 Mess up

32 Illustrations

33 Spy novel org.

34 Boyfriend

36 Part of TGIF

37 Bartlett or Bosc

38 Grind the teeth

40 "Hello"

41 Soda shop item

43 Buck

47 401(k) alternative

48 Hearth

51 "What's up, —?"

52 Coffee shop array

53 The "I" in "The King and I"

54 Storm center

55 Plumbing problem

56 Clarinet insert

DOWN

1 Early pulpit

2 Warmth

3 Leave a good impression?

4 Creators

5 Reveille's opposite

6 "—"

7 Fond du —, Wis.

8 Halloween candy

9 Capone's nickname

10 Therefore

11 Greenish-blue

16 Lanka preceder

20 Glutton

22 Merriment

23 Makes up one's mind

24 Charlotte's creation

25 Exist

26 Hot-rodgers' contest

27 Raised platform

29 By way o

30 Listener

35 Italian article

37 Column

39 Horrible

40 Bound

41 Faction

42 Helen's place

43 Dilbert's place

44 Diane or Nathan

45 Dermatology subject

46 Peruse

49 Rage

50 Geneticist's letters

Solution time: 25 mins.

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Yesterday's answer 1-31

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For the Win | By Parker Wilhelm



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Letters may be rejected if they contain abusive content, lack timeliness, contain vulgarity, profanity or falsehood, promote personal and commercial announcements, repeat comments of letters printed in other issues or contain attachments.

The Collegian does not publish open letters, third-party letters or letters that have been sent to other publications or people.

CORRECTIONS

If you see something that should be corrected or clarified, call managing editor Darrington Clark at 785-532-6556 or email news@kstatecollegian.com.

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All weather information courtesy of the National Weather Service. For up-to-date forecasts, visit nws.noaa.gov.

THE BLOTTER ARREST REPORTS

Tuesday, Jan. 29

Brandon James Crubel, of the 4300 block of Fawn Circle, was booked for probation violation. Bond was set at \$1,000.

Joshua Daniel Vanvelkinburgh, of the 400 block of Fremont Street, was booked for failure to appear. Bond was set at \$500.

Cole Thomas Brun, of the 800 block of Thurston Street, was booked for probation violation. Bond was set at \$2,000.

Compiled by Katie Goerl.

1-31 CRYPTOQUIP

R K P J O U N P E K Z J D Z O J ' E N S Q P

R Z Q P P J U B D K , Z D B P O O Z E

R Z A A W P O B I I P T Z J D I T U N

O K U T E J P O O U I W T P S Q E K .

Yesterday's Cryptoquip: THIS VINAIGRETTE ON MY SALAD IS BARELY VISIBLE. YOU MIGHT SAY IT'S A DRESSING IN DISGUISE.

Today's Cryptoquip Clue: Z equals I

KenKen | Medium

Use numbers 1-4 in each row and column without repeating. The numbers in each outlined area must combine to produce the target number in each area using the mathematical operation indicated.

24*	1-		3-
	7+		
	2/	1	18*
1			

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health

Sleep deprivation affects learning, focus, memory

Kate Haddock
staff writer

It is the start of a new semester, and for many that means being sleep-deprived more often than rested. Everyone has excuses for why they stay up late into the night before classes. Maybe they have a big test to study for or perhaps that "Star Trek" fan-fiction is calling their name. No matter the reason, not getting enough sleep can lead to consequences greater than pushed snooze buttons and tired eyelids.

According to Medical News Today, school stress keeps 68 percent of students awake after their heads hit the pillow. Only 30 percent of students sleep eight hours a night, which is the average recommended amount for young adults. Twenty percent of students pull an all-nighter at least once a month.

Many students find themselves

in the 68 percent not getting a full night's sleep, or at least getting a little less sleep than they would like. Lacey Evans, senior in social science, said that her nightly average has been hovering around six hours since the semester started. She admitted feeling a bit sleep deprived at times. To fight grogginess and get through classes, she said she often turns to a common fix.

"I drink a lot of coffee," Evans said.

Other students may be getting adequate sleep this early in the semester, but anticipate a decrease as the weather warms up. Lauren Komer, freshman in biology, said her sleeping time, "usually gets worse as the semester goes on." Komer does not drink coffee to stay awake, but sometimes relies on the caffeine in soda to boost her energy.

While drinking soda or coffee can provide energy, Jenny Yuen, health educator at Lafene Health Center,

"When you mix drugs and alcohol, it's never a good thing."

Jenny Yuen
health educator at Lafene Health Center

said that some students will attempt to mix other substances with caffeine to combat sleep deprivation, which can lead to negative consequences.

"When you mix drugs and alcohol, it's never a good thing," Yuen said.

According to Matthew Edlund, director for the Center for Circadian Medicine in a blog for the Huffington Post, "Alcohol plus sleeping pills can kill you." He added, "The combination can produce horrific accidents and falls, increase the incident of anxiety and depression and decrease the ability to function the

next day."

Chronic sleep deprivation can do more than make students feel sleepy. Lack of sleep has many negative effects, especially for college students. According to a 2010 WebMD article by Camille Peri, a lack of sleep "impairs attention, alertness, concentration, reasoning and problem solving." The article also said that sleep deprivation can negatively affect memory as well.

Yuen suggested setting up a regular sleep schedule that is reasonable to stick to. When you deviate from the schedule, it is important to return to it as quickly as possible. She said that when it comes to sleep, it is quality—not quantity—that matters. That means that sleeping extra hours to catch up does not benefit you as much as returning to your regular schedule.

As an alternative to caffeine, which is only a short term solution,

Yuen recommends 15-30 minute power naps in the middle of the day in order to refresh yourself. She points out that going to sleep when you feel tired at night is a great way to figure out a proper sleep schedule.

Many students can implement these strategies in order to deal with sleep deprivation, but if you have serious trouble sleeping you may have a more severe sleeping disorder such as insomnia or sleep apnea. If you feel that you are having problems sleeping, contact the Lafene Health Center.

For students who just can't pull themselves away from the computer long enough to sleep properly, consider all the negative consequences of sleep deprivation, as well as the positive effects of getting more sleeping. So get some extra shut-eye and feel happier, healthier and more alert doing something that's pretty enjoyable anyway.

Despite energy boost, caffeine drinks prove addictive, potentially lethal

Jena Sauber
edge editor

When the snooze button can be hit no more, many people turn to coffee, energy drinks and other sources of liquid energy to get through the day. While an occasional cup of coffee or energy drink doesn't typically have life-altering consequences, relying on caffeine to function can lead to negative side-effects.

"Caffeine is addictive," said Julie Gibbs, director of Lafene Health Center's health promotions. "Eventually, your body can get used to it, and it takes more to get you to the same spot. It's like alcohol in that way."

According to *howstuffworks.com*, caffeine is a chemical stimulant called trimethylxanthine. Caffeine uses the same mechanisms as cocaine, heroin and amphetamines to stimulate brain function and make people feel more alert. It blocks the effects of adenosine, a brain chemical involved in sleep. Caffeine is a highly popular substance around 90 percent of Americans consume caffeine every day. The stimulant is found both naturally and artificially in many beverages and foods.

According to Consumer Report, the average 8 ounce

cup of coffee has about 100 milligrams of caffeine. The report states that 400 milligrams of caffeine per day is safe for the average, healthy adult. The U.S. Food and Drug Administration considers 300 milligrams of caffeine a moderate daily dose. According to *howstuffworks.com*, 20 to 30 percent of adults consume more than 600 milligrams of caffeine a day.

"Some people experience higher blood pressure when they drink a lot of coffee," Gibbs said. "That, and the possibility of getting addicted, are just two of the possible outcomes."

While drinking a cup of coffee to finish cramming for a test may seem like a good idea while staring at the text book, the consequences of drinking caffeinated beverages last much longer than a study session. Four to five hours after consuming caffeine, half of the consumed drug is still in your body. That means that if you drink some coffee when you get sleepy at 11 p.m. to stay awake, a majority of the stimulant is still in your body when you try to hit the pillow—unless you pull an all-night study session.

"It depends on the person, but many people will have

trouble sleeping," Gibbs said. "I know people who can't drink coffee after 3 in the afternoon or so, because if they do they can't sleep at night when they want to."

While a single cup of coffee contains about 100 milligrams of caffeine, many energy drinks pack a larger punch. According to WebMD, popular energy drink caffeine content ranges from 71 milligrams (Amp energy) to 242 milligrams (5-Hour Energy Extra Strength).

Most energy drinks provide energy through caffeine and sugar. Other common energy drink ingredients include the stimulant ephedrine, the natural amino acid taurine and the organic acid creatine.

"A lot of people definitely consume more caffeine through energy drinks because they taste good," Gibbs said. "Energy drinks have a lot of sugar in them, so it masks the caffeine. Energy drinks also typically have a higher caffeine content. People don't pay attention to what is in their drinks."

According to *howstuffworks.com*, energy drinks are a combination of soda and nutritional supplement. This means they contain

Milligrams of Caffeine Per Serving in Popular Caffeinated Beverages

35 milligrams	47 milligrams	54 milligrams	69 milligrams	80 milligrams	148 milligrams	160 milligrams	208 milligrams	330 milligrams	5000 milligrams
Coca-Cola Classic (12 oz.)	Diet Coke (12 oz.)	Mountain Dew (12 oz.)	Pepsi MAX (12 oz.)	Red Bull (8.4 oz.)	Folgers Classic Roast Instant Coffee (12 oz.)	Monster Energy (16 oz.)	5 Hour Energy (1.2 oz.)	Starbucks coffee (16 oz.)	lethal dosage



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BBALL | Cats coast, shoot well

Continued from page 1

since K-State played Michigan. "I should play like that every game, and that's not really an excuse for how I've been playing these past few games," Gipson said.

This game had a special significance for Gipson who said he had extra motivation, since Wednesday night was also the birthday of his late sister who passed away about a year ago. Gipson honored her with his season high of 17 points.

Junior guard Omari Lawrence had a career night coming off of the bench. With 12 points and 6 rebounds in only 19 minutes, Lawrence provided a big spark in the first half, scoring 10 of K-State's 38 points.

"Omari has had a great attitude; the coaches have told him that," Weber said. "It's hard coming off of the bench. It's easy being a starter."

Sophomore guard Angel Rodriguez fell just short of a double-double, finishing with 11 points and 8 assists. In the last four games Rodriguez's assist to turnover ratio is 31-to-4.

"Just trying to stay under control and take what the defense gives me," Rodriguez said. "I've got a lot of confidence in my teammates. They are shooting the ball well and making plays. If I can make a play for them then why not? It's going well so I just have to continue to do well and continue to be smart."

Texas joins North Dakota and Alabama Huntsville as the third team to allow the Wildcats to eclipse the 80 point mark. This was the fifth time that Texas has allowed a team to score 80 or more this season.

The Wildcats will next travel to Norman to take on Oklahoma (14-5, 2 Big 12). It was K-State that handed the Sooners their first Big 12 loss of the season two weeks ago in Bramlage; however, last season, the Wildcats fell to the Sooners on the road.

TEXAS | Wildcats nation's best in assist-to-turnover ratio

Continued from page 1

active in so many aspects of the game including seven rebounds." In total, the Wildcats scored 42 points in the paint, and Weber said it was a big improvement from past games.

"We got in the paint a lot more than we have," Weber said. "Angel (Rodriguez) started it using the ball screens and we got Rod (McGruder) on some curls, got some post feeds and got to the free throw line 21 times."

Senior guard Rodney McGruder found himself in foul trouble for

one of the first times this season, going out with his second foul with 18:06 left in the first half. Senior guard Martavious Irving stepped in, and two quick whistles on the senior opened a door for junior guard Omari Lawrence to capitalize.

Lawrence scored a career high 12 points in 19 minutes and pulled down six rebounds on the offensive end.

Weber says Lawrence's minutes have fluctuated, but his approach hasn't changed in practice or in games.

"One game you play two min-

utes and another game no minutes or four minutes or whatever," Weber said. "Today he took advantage of his opportunity."

No matter where Weber has coached, his teams have had a conference and national best assist-to-turnover ratio. Junior guard Will Spradling ranks first, and sophomore guard Angel Rodriguez sits right behind him.

After eight assists and a single turnover against the Longhorns, Rodriguez continues to separate himself from the field, and the performance gives him 34 assists to just four turnovers this season.

Texas head coach Rick Barnes came away impressed by the performance of the Wildcat sophomore.

"I think you can sum it up with one word—toughness," Barnes said. "Really good players, even when they're not shooting well; they effect the game. They find a way to effect the game. Shooting, you can have some good nights. Some nights you can't. What you got to look at is eight assists and just one turnover. What he does defensively, it sets the tone for them. I think he's terrific, and I love him because I think he's tough."



Head Coach **Bruce Weber** and the rest of the Wildcat bench cheer on their team in the closing minutes of their 83-57 victory over the visiting Texas Longhorns on Wednesday night in Bramlage Coliseum.



Sophomore forward **Thomas Gipson** celebrates a basket at Bramlage Coliseum on Wednesday night.

Home-field incentive could take NBA All-Star game from good to great

Mark Kern
sports editor

Every season, All-Star weekend is always a good time for NBA fans. There are always incredible events going on. Whether it's watching future stars take the stage in the Rookie/Sophomore challenge, the best sharpshooters let it fly from deep or even the thunderous dunks in the dunk contest, there is something for every NBA fan. This is, of course, not including the All-Star game itself, and the excitement of watching 24 of the game's best players go at it for 48 minutes of high-flying action.

With all of this, how could they possibly make this game better? To me, the answer is simple. Use an incentive like the MLB uses in their All-Star game, and make the game mean something.

For those of you who do not know, the winning league in the All-Star game gets home-field advantage in the World Series. The biggest complaint about this is that in baseball every team must have at least one representative. This means that there are a lot of players in the game with no chance of making the playoffs; therefore, the game is nothing more than a glorified scrimmage to them. However, this wouldn't be the

case in the NBA.

Of the 24 All-Stars in this season's game, 20 would be in the playoffs if they started today, with Kyrie Irving the only player whose team is more than four games out of a playoff spot. That means that all of these guys would have a lot to play for.

Quite frankly, there is not a lot of defense played in the all-star game. This allows an offensive powerhouse such as LeBron James to find Dwayne Wade for the alley-oop or Chris Paul to break someone's ankles and pull up for the outside jumper. Those plays are awesome and definitely something great to

see. However, I want to see more, and this includes the world's best players playing for home-court advantage in the finals.

Can you imagine seeing LeBron James with the ball down one-point with 30 seconds to go, being guarded closely by Kevin Durant with Dwight Howard waiting for him in the paint if he looks to drive? Or Kobe Bryant with the ball, being guarded by Dwayne Wade as he attempts the game-winning shot? There is so much potential for this game, and putting a home-court final on the line would help improve its appeal.

One argument against this is that it could make the regular season less important, but I do not consider this to be the case. Teams would still continue to play with the same passion and energy that they do throughout the season, trying to clinch the home-court advantage throughout their respective conference playoffs.

To me there is just too much positive for the league not to do this. One Sunday night a year, having the best basketball players in the world give everything they have to potentially earn home-court advantage in the finals sounds pretty exciting to me.

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Students, employers connect at Agri-Industry fair



Evert Nelson | Collegian

A sign points to the employer hospitality room in the Union Grand Ballroom Wednesday night during the Agri-Industry Career Fair. The fair gave students who are interested in agriculture-related industries a chance to meet and network with a wide variety of companies.

Darrington Clark
managing editor

Hundreds of K-State agriculture students gathered with potential employers to explore job and internship opportunities at the Agri-Industry Career Fair Wednesday in the Union Ballroom. Students in attendance met with agriculture-based companies from around the nation to network with employers, advisors and each other.

"I heard about the career fair from professors," said Dalton Hodgkinson, junior in agribusiness. "I'm looking for something in the banking industry, like ag loans."

The agriculture students who came to the fair, primarily juniors and seniors, had a variety of specialized interests that they hoped employers at the fair would be receptive to.

"I just wanted to talk to people and get my name out there," said Genna Gaunce, graduate student in plant pathology. "I got to speak with quite a few people. I actually didn't pass many people up."

Career and Employment Services collaborate with the College of Agriculture to put on the Agri-Industry fair each year. This year, 82 employers were represented in the Union Ballroom, each with a booth and spokespeople who mingled with K-State students. Mary Ellen Barkley, one of the event's major coordinators and CES liaison to the agriculture school, said that improvements are made each year.

"We have students fill out evaluation forms," Barkley said. "We take those into consideration, as well as reports from the employers. There are a lot of people in CES and the school of agriculture that make this work."

Some employers offered students the opportunity to interview with them the next

day, and Barkley was a part of making sure K-State ag students were prepared.

"I help with resumes, and I've

also been working with students in mock interviews," Barkley said. "A lot of employers will be doing interviews tomorrow, and

we want to help students feel comfortable in this process."

The preparation paid off in the eyes of some employers.



Evert Nelson | Collegian

At the agriculture career fair, **Grant Adams** (right), senior in landscape design, talks to **Anne Nowak** (left) of Munie Greencare Professionals. The fair was held in the Union Ballroom from 11 a.m. to 4 p.m. and played host to 82 employers looking to recruit K-Staters.

Monica Siebrandt, a representative of the Lone Creek Cattle Company, said that she was pleased with the students she had visited with.

"I've talked to 20 or 30 student thus far. Things are going very well," Siebrandt said. "This is the perfect career fair for us to be at. There are lots of good quality students."

The fair also served to teach students what real employers in their field are looking for in a worker.

"We look for people who have genuine interest," Siebrandt said. "Interest and a base knowledge in the internship areas that we offer is what we look for."

Students came prepared to chat and interview, but the 82 booths to choose from, an increase from last year's 76, left some students out of supplies.

"I just brought a folder with copies of my resumes, a pen and myself," Gaunce said. "I gave all of my sheets away. I would definitely say to bring more than you think you need."

Jessica Solo, junior in food science, also said that the amount of booths and people to talk to could be overwhelming, but that the experience was beneficial.

"There's such a variety of companies, and all of them are ag fields," Solo said. "We don't have that many companies in the fall career fair, so it's nice to get a specialized event with tons of relevant booths."

While the students prepare with Barkley and CES throughout the year, employers are also getting ready for the fair. CES and the College of Agriculture pay for the fair through sign-up fees paid by the participating companies.

"The employers pay based on the size of their company," said Sandy Klein, events coordinator for the College of Agriculture. "Those funds help cover

the Union rental cost and other fees."

Employers at the fair find the cost worth it enough to continue to attend.

"We've come to this fair for at least a couple years," said Jennifer Bracken, representative of TCU Ranch Management. "Our internships are geared more toward graduate students, and most of our visitors are undergrads, but it's a good opportunity for the students to learn what they can do after they graduate."

Siebrandt and the Lone Creek Cattle Company have attended the fair every year. She said that the booth remained steady and busy throughout the fair, which lasted from 11 a.m. to 4 p.m.

The amount of employers at the fair called for a slight change in organization from last year.

"The set up was a bit different. There were a lot more continuous rows," Gaunce said. "There were many more people for me to talk to."

The energy in the room ended up being positive, however, according to Solo.

"I've been to a couple of these fairs now, and everyone here is so friendly. It's a great atmosphere," Solo said.

This event was one of the largest for the College of Agriculture, but is certainly not the only event the department hosts.

"For the agriculture school this is our main spring career event," Barkley said. "But the college is also very active in the fall university career fair as well, and we have other events like the Design Expo that are we're also excited for."

The effort that Barkley, Klein and the agriculture school put forth to put in the career fair was not put to waste, or at least not to the roughly 300 students who attended.

"This was really great," Solo said. "It's definitely worth it."

International news briefs

Mike Stanton
assistant news editor

Gunman wounds five in Phoenix office building

A gunman opened fire at an office complex in Phoenix Wednesday, wounding five people before fleeing, according to the New York Times. Investigators say the crime was not random.

Witnesses reportedly saw the alleged gunman conversing with people in the complex's parking lot before the shooting occurred. A worker in the complex said he saw a white Infiniti recklessly speed out of the parking lot moments after firing. The gunman's whereabouts are unknown.

Storm wreaks havoc on Southeast

A massive storm system hit the Southeast on Wednesday, killing at least two people, according to the Washington Post. The system, which generated high winds and tornadoes, flipped cars on interstates in Georgia and destroyed homes and buildings.

One of the deaths occurred in Georgia, where residents say no signs remain of the state's characteristic roadside produce stands. The other death came in Tennessee when a tree fell on top of a shed that a man had taken shelter in.

Chicago teen who performed at inauguration shot dead

According to the Washington Post, a 15-year-old girl from Chicago who had per-

formed with her school's marching band at several events corresponding with President Obama's inauguration was shot and killed on Tuesday afternoon.

The girl, Hadiya Pendleton, was with a group of about a dozen other teens at a Chicago park when a gunman opened fire on them. Two other teens, both 17, were wounded. One is in stable condition after being shot in the leg, and the other was released from the hospital after treatment for a graze wound on the foot.

Officials say that it appears the girl was not the intended target in the shooting. Over 118 homicides have occurred in Chicago so far this year, according to the city's crime statistics.

French forces seize key city in Mali

According to the BBC, French troops in Mali took the northern city of Kidal Wednesday. The city was the last stronghold of Islamist rebels operating in the region.

The French faced no combat from the rebels, who are suspected to have fled to the mountains surrounding the city near the Algerian border. This week, French and Malian forces also recaptured the provincial capitals Gao and Timbuktu.

The rebels, who had taken command of much of northern Mali in a coup last March, appeared to be threatening the south, prompting a military operation by Mali and former colonial power France.

France is now expecting the deployment of thousands of Malian troops for the second phase of the operation, which will focus on removing the militants from their hideouts in the surrounding deserts.

CAFFEINE | Tea, juice healthier options

Continued from page 3

both amino acids and vitamins similar to nutritional supplements and sugar and caffeine like soda.

"The vitamins and nutritional aspects of energy drinks don't really matter," Gibbs said. "They come along with everything that isn't good, too. It's actually, probably, a ploy by the industry to get people to drink their product. People hear these drinks have all these good things in them, so they drink them even though they are mostly sugar and caffeine."

Caffeine consumption can have fatal consequences when taken to an extreme. According to a study done by the New Mexico Department of Health, a lethal dose of caffeine is over 5 g. This is roughly the equivalent to 42 cups of coffee in one sitting, depending on the person, caffeine content and the individual's personal fatal level.

"If students are used to consuming caffeine, their body is probably used to it," Gibbs said. "There can always be too much of a good thing, but as long as you pay attention and know your limits and how it affects you, it probably won't be a problem."

Energy drinks have recently received negative attention for being cited in multiple deaths. According to WebMD, Monster

Energy, which contains 92 milligrams of caffeine per 8 ounce serving, has been cited in five deaths. The New York Times also reported that 5 Hour Energy has been cited in 13 deaths as of fall 2012. Both companies deny any direct correlation between their products and the deaths.

Drinking a cup or two of coffee to get the day started will typically not cause lasting damage, but consumption can reach the point where the danger of becoming addicted to the stimulant increases. Chaz Mailey, licensed psychologist and coordinator for Alcohol and Drug Education Service, said in an email that an action becomes an addiction when a person begins to have less control over the behavior and becomes preoccupied with it.

"A person can be physiologically and psychologically addicted to [caffeine] through excessive use," Mailey said. "Withdrawal is actually one of the hallmarks of addictions, but the effects tend to vary based on the substance being consumed."

Typical signs of caffeine withdrawal include nausea, headache, dizziness and excessive tiredness, Mailey stated. Although commonly not classified with other addictive drugs, caffeine can pose a health threat.

"People tend not to give it much attention because its with-

drawal effects are not as severe as, say, alcohol or cocaine. However, the fact still remains that it is an addictive substance," Mailey said.

For people looking to kick a coffee habit or change up their daily routine, alternative drinks can still provide a pick-me-up. According to "Shape" magazine, green tea, chai tea, lemon water and pomegranate juice can help drinkers avoid an afternoon slump with little to no caffeine.

"Teas have a lot of benefits, including antioxidants," Gibbs said. "Some people actually prefer tea, and tea has so many benefits and often contains some level of caffeine."

When getting a nap or some extra sleep at night isn't an option, the best alternative is actually much simpler than tea, coffee or an energy drink.

"Water goes a long way," Gibbs said. "People don't think about water as being helpful in that way, but it really is. That, and eating lots of fruits and vegetables and other energy foods. People underestimate water."

When the hours of sleep available aren't enough to stay awake and alert throughout the day, it can sometimes be necessary to turn to a backup for extra energy. Smart decisions about intake can help eliminate negative side-effects and keep caffeine a useful helper instead of a daily crutch."

Students with ADHD face additional challenges when entering college

Zaldy Doyungan
staff writer

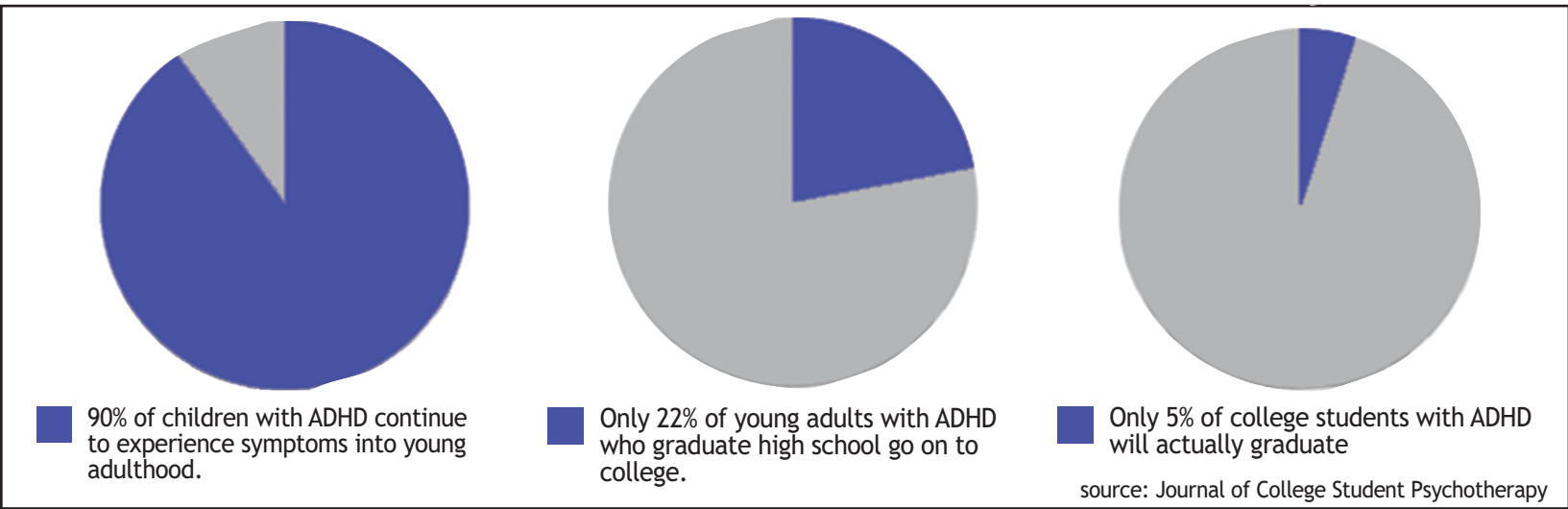
The transition from high school to college can often be difficult for students. College students tend to have a lot of responsibilities from organizing a school schedule to determining housing arrangements and figuring out how to pay for tuition.

"My freshman year I wasn't really able to cope with the extra responsibilities that I had. I felt like I needed to do too many things at once."

Adrian Esquilin
junior in open option

For students with learning disabilities such as Attention Deficit Hyperactivity Disorder (ADHD), the transition from high school to college can be even harder.

ADHD is a behavioral disorder that is usually characterized by inattentiveness and impulsive behavior. For students with ADHD, paying attention in class or staying focused on an assignment can be difficult. The transition into college can bring added responsibilities for someone



with ADHD, like Adrian Esquilin, junior in open option.

"My freshman year I wasn't really able to cope with the extra responsibilities that I had," Esquilin said. "I felt like I needed to do too many things at once."

According to an Oct. 4, 2011 study in the Journal of Learning Disabilities, about 1-3 percent of the college population is affected by ADHD. If you put that in perspective to K-State, that's about 250 to 750 students who are affected by this learning disability. The results of the study showed that students diagnosed with ADHD

had more problems with internal distractions than students without the disability.

To help students with this disability at a local level, Kristy Morgan, recent doctoral graduate in student affairs at K-State, conducted her own study to help incoming freshmen with ADHD have a smoother transition into college.

"I have four young children, two of whom have been diagnosed with ADHD," Morgan said. "I was interested in how to prepare my daughter for the challenges that college would bring."

Morgan concluded in her study that, contrary to common belief, students will not outgrow ADHD when they get into college and adulthood. She said her advice to students is to know what is coming and to work closely with a psychiatrist who specializes in learning disabilities when they get to college.

"I would advise students to establish a routine that is consistent," Morgan said. "Avoid scheduling classes for times that medications won't be as effective or in buildings or classrooms that are distracting. Speak to instructors about

your ADHD as well, and lastly educate yourself about this disability and determine the ways it most affects you."

There are multiple resources at K-State that can help with student disabilities.

"I work with my psychiatrist at Lafene, and she's been my go-to person whenever I have

problems," Esquilin said. "I've also had success with the DSS as well."

The Disability Support Services, or DSS, is a resource responsible for helping students with documented disabilities. For more information, visit their website at k-state.edu/dss.

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Flu Vaccine @ Lafene Health Center

Flu Vaccine is available at Lafene. Please call 532-6544 to schedule an appointment. The cost is \$15 for students and \$20 for all others.

For All Students!

Please refer to our website for more information. www.k-state.edu/lafene

The most commonly diagnosed type of influenza is the H3N2 type which the vaccine available since August 2012 covers. It's not too late to be vaccinated against influenza!



Lafene Health Center
1105 Sunset Avenue
healthy@ksu.edu

Late Night

The Collegian Guide to Weekend Food and Drink Specials

www.kstatecollegian.com/latenight

THIS WEEK'S DEALS	THURSDAY	FRIDAY	SATURDAY
 (785) 320-5590 718 N. Manhattan Ave.	\$1.50 Bombs \$1.50 Wells \$3.50 32oz Wells	\$1.50 Bombs \$1.50 Wells \$3.50 32oz Wells	\$1.50 Bombs \$1.50 Wells \$3.50 32oz Wells
 (785) 320-7377 1344 Westloop	\$8 Domestic Buckets \$5 Burger Basket w/ Fries 1/2 Price Drinks 1pm-3pm	\$2.50 Domestic Pints \$3 Imports \$6 Pulled Pork Sandwich with Fries 1/2 Price Drinks 1pm-3pm	\$2.50 Pounders All Day 1/2 Priced Appetizers 1/2 Price Drinks 1pm-3pm
 1206 Moro (785) 320-7664	\$1.50 Bottles	Roger Creager Live Doors Open at 8pm	Happy Hour 7 pm - 10 pm 99¢ Keystone Pints
	\$1 O-Bombs \$2 Bottles & Pints \$2 Jäger Shots & Bombs	\$3.50 Coronas \$2 O-Bombs \$2.50 BL Cans	Come see us for the game! Check us out on twitter @DRINX_
 317 Poyntz Ave, Manhattan, KS 66502 (785) 776-2119	\$6.25 60 oz. Domestic Pitchers \$1 Mini Bombs	\$2 Rum & Pepsi \$4.50 32 oz. Draws \$1 Mini Bombs	\$4.50 32 oz. Draws \$1 Mini Bombs
 (785) 539-9393 608 N. 12th St.	\$10.99 Steak Night \$5.50 Carafes of Sangria	\$4.50 Pat O'Brien Hurricanes A New Orleans Favorite	Herb Crusted Prime Rib After 5pm \$4.50 Long Island Iced Teas
 (785) 320-5590 1218 1/2 Moro St.	"Minor Night" 18 to Enter "DOLLAR NIGHT"	VFC Ring Card Girl Competition \$500 Cash Prize	\$1 Draws 10pm - 12am Biggest Dance Floor in Aggville
 (785) 537-7151 706 N. Manhattan Ave.	\$1.75 Domestic Draws \$2 All Bottles	\$3 Domestic Pints \$2.50 Highlife & Busch Light Bottles	Come see us for the game!
 (785) 537-7151 706 N. Manhattan Ave.	50¢ Tacos \$2 any pint \$2 bombs	\$3 Boulevard Pints Try a Boulevard Burger	Come see us for the game!
 (785) 537-8910 1204 Moro	\$2 Bottles \$2 Domestic Pints 1/2 off Margaritas	\$3.50 Coronas \$2 Pounders 10pm - 12am And Happy Hour!	Come see us for the game! Check us out on Twitter @TheSaltyRim
 1222 Moro St. (785) 320-5590	\$1.50 Shots and Bottles	\$1.50 Shots and Bottles	\$1.50 Shots and Bottles
 Thursday: 8pm - 10:30pm Friday: 11pm - 2 am Saturday: 11pm - 2am 1120 Moro St. 785-320-7768	\$1.50 Wells General Tso's Chicken \$7.95 Sesame Chicken \$7.95 Super fast service & low prices!	\$1.50 Wells General Tso's Chicken \$7.95 Sesame Chicken \$7.95 Super fast service & low prices!	\$1.50 Wells General Tso's Chicken \$7.95 Sesame Chicken \$7.95 Super fast service & low prices!

THE FOURUM

785-260-0207

Like your favorite posts at [thefourum.kstatecollegian.com](#)

The Fourum is a quirky view of campus life in voices from the K-State community. Positive and humorous comments are selected for publication by the Collegian marketing staff.

Whoever

thinks that there needs to be tunnels to avoid the cold wind needs to get a spoon to clean the sand out.

SNOW!?

It was just 70.

The urinals in Rathbone's basement are really small. Children shouldn't be operating the machinery down there... or maybe we have midget engineers.

Twitter

is really just a high tech Fourum, really. Glad to see you guys are back.

It's

one thing to ride the elevator in Calvin to the third floor, but the second?! Really?!

My number of tweets has gone down significantly since The Fourum came back.

I

challenge you to beer pong.

Screw

the snow to the ville.

Fourum?

Four ummm? Four rum? Four rum shots... yummm

To the people playing some sort of game in the library: can I join?

Welp,

I was gonna apply for a scholarship. Too bad I need examples of written work, and they are all at home.

Cancel class!

Nor

rain, nor sleet, nor snow, can keep me from the ville tonight.

Today's

term: weather whiplash.

70

Monday, Snow Tuesday...

To the person who said to get your roommate some vitamin C from the sun, I'm pretty sure you're a letter off.

I

was so excited when I saw the fourum was back I peed a bit.

The wind tunnel on Denison is awful.

I

need a job, think I can write for the fourum?

Is it

too late to bring the uggs game back? Or am I just old for knowing what that is?

Kitten

+ snow = snowball

BRUCE CHOMP CHOMP

Editor's note: To submit your Fourum contribution, call or text 785-260-0207 or email [thefourum@kstatecollegian.com](#). Your email address or phone number is logged but not published.

To place an advertisement call

785-532-6555

E-mail [classifieds@kstatecollegian.com](#)

classifieds

LET'S RENT

NEW HOME FINDER

For details see map.

Stadium

West Campus

Anderson/Seth Child

Aggieville/Downtown

East Campus

Close to town

110

Rent-Apt. Unfurnished

AUGUST PRE-LEASING. Several units close to KSU. Washer, dryer, and dishwasher included. [www.wilksapts.com](#). Call 785-776-2102 or text 785-317-4701.

TWO OR three-bedroom apartments. Walk to campus. Excellent condition/ location. [www.rentkstate.com](#) 785-447-0183.

WWW.MYPRIMEPLACE.COM. ONE, two, and three-bedroom apartments. Pet friendly. All utilities included. Washer and dryer, dishwasher, granite counters, stainless steel appliances. 785-537-2096.

117

Rent-Condos & Townhouses

FOUR STYLES of spacious, energy efficient, well-maintained four-bedroom, two-bath condos ranging from \$1,200 to \$1,550 per month. Includes off-street private parking, lawn care, snow removal, security lighting, trash service and all appliances. August 1, year lease. No Pets. CALL 785-313-0751 for details and locations.

120

Rent-Houses & Duplexes

FIVE-BEDROOM house, 1100 Kearney, large, two bath, central air, parking. 785-317-7713. [manhattanrentalproperties.net](#). Two blocks to campus and Aggieville. June 1.

GREAT KSU LOCATIONS! June/ August leases. All amenities! [RentCenterline.com](#).

120

Rent-Houses & Duplexes

THREE, FOUR, five-bedroom houses. [manhattanrentalproperties.net](#). June 1.

THREE-BEDROOM houses at 278 College View, 1709 Vaughn, and 1841 Platt. Year lease beginning June 1. \$1000 per month. No pets. Contact Jack Ryan at 785-313-0455.

Post your room for sublease here

NEW HOME FINDER

Let us help you choose your neighborhood. The symbols on the map coordinate with an area of town.

Map data ©2012 Google

KEY

Stadium

West Campus

Anderson/Seth Child

Aggieville/Downtown

East Campus

Close to town

110

Rent-Apt. Unfurnished

ONE-BEDROOM. \$500. SHORT-TERM lease available. No smoking. No pets. 785-532-8662.

120

Rent-Houses & Duplexes

JUST A couple of blocks from campus. Three and four-bedroom for lease. \$975-\$1,200 available immediately. 785-539-1554.

310

Help Wanted

ADVERTISING PROFESSIONAL sought to lead Collegian ad staff to new heights. Full time, base salary plus commission, benefits. See [collegianmedia.com](#) for full details.

115

Rooms Available

LOOKING FOR female sublesser in four-bedroom apartment at Founders Hill, \$400/ month from March 1st-July 31st. Willing to negotiate rent for the right roomie! Call/ text 913-626-9229 for more information.

145

Roommate Wanted

FEMALE HOUSEMATE wanted for furnished three-bedroom house. With male and female. Available now. \$300 month. Utilities paid. Call 785-537-4947.

120

Rent-Houses & Duplexes

AVAILABLE NOW! Three-bedroom, one bath. Washer/ dryer hook-up. Trash/ lawn care provided. Near campus. No pets/ smoking, off-street parking. 785-532-8256.

FOUR-BEDROOM, THREE bath house across from campus at 1120 North Manhattan. \$1500/ month plus utilities. Call KSUF at 785-532-7569 or 785-532-7541.

SPACIOUS FOUR-BEDROOM, two bath. Central air conditioning, electric fireplace, washer/ dryer. Near Aggieville/ campus. Available now, short or long-term lease. 785-317-5488.

THREE-BEDROOM HOUSE at 1741 Anderson. \$1125/ month plus utilities. Call Kansas State University Foundation at 785-532-7569 or 785-532-7541.

THREE-BEDROOM HOUSE at 1226 Thurston. \$1125/ month plus utilities. Call Kansas State University Foundation at 785-532-7569 or 785-532-7541.

THREE-BEDROOM HOUSES at 1719 and 1725 Anderson. \$1050/ month plus utilities. Call Kansas State University Foundation at 785-532-7569 or 785-532-7541.

120

Rent-Houses & Duplexes

ROOM FOR rent in nice townhome. Must be clean. No pets or smoking. \$390/ month plus utilities. Available now or for next year! 785-224-1066.

110

Rent-Apt. Unfurnished

THREE BED-ROOM, one bath home available June 1. Located close to campus, new carpet throughout. No pets. \$975/ month plus deposit. Contact Megan Willich 785-410-4291.

110

Rent-Apt. Unfurnished

THREE BED-ROOM, two and one-quarter bath duplex available February 1. Vaulted ceilings, custom counters, tile and carpet throughout, two car garage, no pets, on west side of Manhattan. \$1400/ month plus \$1400 deposit. Contact Megan Willich 785-410-4291

110

Rent-Apt. Unfurnished

THREE BED-ROOM, two bath duplex available June 1. Two living spaces, newly renovated, new carpet and flooring throughout. No pets. Yard care and snow removal provided. \$1050/ month plus deposit. Contact Megan Willich 785-410-4291.

110

Rent-Apt. Unfurnished

THREE-BEDROOM APARTMENT with washer, dryer, and all appliances. Off-street parking, close to campus \$990/ month. June or August leases. No pets. Call or text 785-632-0468, email [brianj@pab-inc.com](#).

110

Rent-Apt. Unfurnished

THREE-BEDROOM, ONE and a half bath. Washer and dryer. 785-341-4024 or 785-313-4524.

110

Rent-Apt. Unfurnished

TWO-BEDROOM located in four-plex. With washer/ dryer, water and trash paid. No pets. \$660/ month. 785-556-0662.

310

Help Wanted

ADMISSIONS REPRESENTATIVE. Kansas State University is recruiting for multiple positions of Admissions Representative. These individuals are responsible for the implementation of an effective recruitment program within a specific geographic region as part of K-State's overall enrollment management plan. Individuals serving as Admissions Representatives work as part of a team to develop new programs and improve existing programs to serve prospective students and their families. The major responsibilities include: Serving as a primary recruitment representative; coordinating strategy and resource people for the region; developing and maintaining service relationships with high schools and community colleges; attending major community events; and coordinating efforts for the region with K-State faculty and staff, alumni, and current students. Qualifications include a recent K-State bachelor's degree; familiarity and excitement for K-State; demonstrated academic success and student involvement/ leadership skills in student groups and/ or organized living; strong communication skills (oral/ written); ability to work independently; and a valid driver's license. Positions will start July 1, 2013, and pay \$33,500 for 12 months. Candidates should send an application letter; resume; transcript(s) from any college/ university where 12 or more credit hours were earned (unofficial or student copy of transcript(s) acceptable); and the names and contact information of three work-related references via email to: [sonia@k-state.edu](#) or mailed to: Search Committee, New Student Services, Kansas State University, 122 Anderson Hall, Manhattan, KS 66506. Application deadline is February 6, 2013. Kansas State University is an Equal Opportunity Employer that actively seeks diversity among its employees. Background check required.

310

Help Wanted

LITTLE APPLE Toyota Honda is currently accepting applications for full-time employment in our reconditioning/ detail department. Please apply in person at 2828 Amherst Ave. Ask for Tony or Ross.

310

Help Wanted

PART-TIME RECEPTIONIST needed for busy chiropractic office. Candidate must have good communication and excellent people skills. Must also be well-organized, detail-oriented, responsible, professional manner and appearance. Hours are Monday, Tuesday, Thursday, Friday 1pm to 6:30 pm. Wednesday 1pm-8pm and every other Saturday 8am to Noon. No phone calls please. Apply at Sorelliversen Chiropractic, 630 Poyntz Ave., Manhattan, KS.

Find a Job

Help Wanted Section

PART-TIME SALES. Faith Furniture in Manhattan is seeking a dependable & energetic associate for sales and other duties. Weekends required and weekdays as available. Every fourth weekend off. A great part-time job! Apply in person at 302 East Hwy 24 or email resume to [furn302@hotmail.com](#).

SO LONG Saloon and Taco Lucha are now hiring for kitchen, door, and wait. Apply in person.

\$BARTENDING!\$ \$300 a day potential. No experience necessary. Training provided. Call 800-965-6520 extension 144.

330

Business Opportunities

THE COLLEGIAN cannot verify the financial potential of advertisements in the Employment/ Opportunities classifications. Readers are advised to approach any such business opportunity with reasonable caution. The Collegian urges our readers to contact the Better Business Bureau, 501 SE Jefferson, Topeka, KS 66607-1190. 785-232-0454.

NEED WEB designer to make our business site ([sagerdental.com](#)) mobile. Contact [ebroadstowe@gmail.com](#).

Pregnancy Testing Center

539-3338

[www.PTCkansas.com](#)

Conceptis Sudoku

By Dave Green

		5	7				4	2
	7					3		
9				8				
7				4				
4				9				
8	6	2		1	9	5		
5			9	2			3	
1			6	3			5	
	3	9			1	2		

Difficulty Level ★★★

8/10

Answer to the last Sudoku.

8	4	3	9	7	6	1	2	5
2	9	7	1	5	3	8	6	4
1	5	6	8	4	2	3	9	7
7	3	1	6	8	4	2	5	9
5	6	4	2	9	1	7	8	3
9	2	8	7	3	5	4	1	6
3	1	9	5	2	7	6	4	8
4	8	2	3	6	9	5	7	1
6	7	5	4	1	8	9	3	2

Difficulty Level ★★

8/10

"Real Options, Real Help, Real Hope"

Free pregnancy testing

Totally confidential service

Same day results

Call for appointment

Mon.-Fri. 9 a.m.-5 p.m.

Across from campus in Anderson Village

000

Bulletin Board

010-Announcements
020-Lost and Found
030-Post A Note
040-Meetings/Events
050-Parties-n-More
060-Greek Affairs

100

Housing/Real Estate

101-Rentals Wanted
105-Rent-Apt. Furnished
110-Rent-Apt. Unfurnished
115-Rooms Available
117-Rent-Duplexes
120-Rent-Houses
125-Sale-Houses
130-Rent-Mobile Homes
135-Sale-Mobile Homes
140-Rent-Garages
145-Roommate Wanted
150-Sublease
155-Stable/Pasture
160-Office Space
165-Storage Space

200

Service Directory

205-Tutor
220-Weight Loss & Nutrition
225-Pregnancy Testing
230-Lawn Care
235-Child Care
240-Musicians/DJs
245-Pet/Livestock Services
250-Automotive Repair
255-Other Services

300

Employment/Careers

310-Help Wanted
320-Volunteers Needed
330-Business Opportunities
340-Fundraisers/Scholarships

400

Open Market

405-Wanted to Buy
410-Items for Sale
415-Furniture to Buy/Sell
420-Garage/Yard Sales
430-Antiques
435-Computers
445-Music Instruments
450-Pets/Livestock & Supplies
455-Sporting Equipment
460-Electronic Equipment
465-Tickets to Buy/Sell

500

Transportation

510-Automobiles
520-Bicycles
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Office hours are Monday through Friday 8 a.m.-5 p.m.

SNOW | K-State classes not called off due to icy weather since spring 2011

Continued from page 1

from, or around campus and the ability to provide energy. He then reports his assessment to President Kirk Schulz, who makes the final decision on whether or not to issue a Declaration of Inclement Weather on campus.

According to Blaine, K-State has a reputation for very rarely calling off class due to weather.

"I know it's been a really long time since they cancelled class for snow," Blaine said.

The last time K-State cancelled class due to snow was in the spring semester of 2011, when a snowstorm and the resulting ice closed down campus for two days. For the time being, the streak appears to be safe, as the chance of precipitation had dropped to under 10 percent by Wednesday night, according to the Weather Channel.



Parker Robb | Collegian

UPPER RIGHT: K-State students walk across the Quad to class amid below-freezing temperatures and gusting wind Wednesday morning.

Emily DeShazer | Collegian

LOWER RIGHT: Nathan Plummer and Jake Holle, housing and dining workers, shovel snow and ice from the sidewalks in front of Van Zile Hall.

FAR RIGHT: Students walk in front of a snow-blanketed Anderson Hall on Wednesday.

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